



2024 – 2025 ANNUAL REPORT

The Sky Center

New Mexico Suicide Intervention Project

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“

¿Se pueden inventar verbos?

*Quiero decirte uno: Yo te cielo, así mis
alas se extienden enormes para amarte
sin medida*

”

— Frida Kahlo

(Is it possible to invent verbs?

I wanted to tell you one: I sky you,
that's how far my enormous wings
reach in order to love you boundlessly.)

— Frida Kahlo

MISSION STATEMENT

Our mission is to meet the challenge of youth suicide in Santa Fe and Northern New Mexico through lasting solutions that encourage resiliency, courage, connection and hope.

WORD FROM THE CHAIR, BOARD OF DIRECTORS

Dear Friends of The Sky Center:

I am excited to address you, our friends and supporters, in this year of transition at The Sky Center. Excited because, with all the chaos and darkness we are all experiencing and witnessing, The Sky Center continues to be a beacon of hope and light.

These are tough times for all of us, but they are especially so for our youth. New Mexico has the one of the highest youth suicide rates in the United States. Santa Fe high school students report rates of depression 10% higher than the national average. Especially heartbreaking, 25.4% of our middle school students reported that they had thought seriously about death by suicide. 11.8% even reported that they had attempted suicide.

Prior to family counseling, one adult described feeling “fear, frustration, anxiety, anger—in a hole with no way out.” Youth expressed feeling “hopeless, angry, and confused,” “sad and hopeless,” and “hopeless and unmotivated.”

The Sky Center is the place where our community’s youth can find hope and light through accessible behavioral health care. Our no cost bilingual family counseling intake process intentionally provides easy access with human contact, simple bilingual forms with support on hand, overcoming hurdles for many in our service area. Evening counseling hours make it possible for entire working families to participate.

Our clinical supervisors address issues directly and honestly and our family counseling model reconciles families. We do this by providing essential life skill tools across all our programs.

As examples, one parent reported that counseling at The Sky Center “gave ideas and solutions to problems and [we] learned to break the cycle.” Youth have written that they learned “how to communicate more clearly and effectively,” and “It made me hope.”

We too are excited for the future. Our founding Executive Director, Apryl Miller, has decided to retire. Her legacy growing and nurturing the Sky Center over these past 29 years is profound, and an inspiration for us. We spent the past 18 months working to ensure that the handoff to the next Executive Director would be seamless, because our families deserve nothing less. And we are elated that our extraordinary, longstanding employee Marisol Peña has stepped up to become our new Executive Director. We thus embark on a new, exciting chapter of The Sky Center, where we continue to build on our mission and successes.

As we share The Sky Center/New Mexico Suicide Intervention Project’s accomplishments throughout the past year in our Annual Report, please accept our sincere gratitude for your support of our programs as we continue our work to instill hope in Santa Fe and Northern New Mexico.

Sincerely,



Edward “Ned” Walpin
Chair, Board of Directors



“ In partnership with CHRISTUS St. Vincent Regional Medical Center, the Adolescent HUGS program serves the important function of connection; specifically, connecting young people and families to The Sky Center. If trauma feeds upon division and isolation, then family therapy helps youth to find sources of strength and solutions in their families, schools, and community. This program uses the traditional notion of wrapping arms around those who are most vulnerable and assuring that no one feels alone with depression, anxiety, and suicide – the true meaning of ‘wraparound’ services. At The Sky Center, we see youth suicide as a community issue in need of community solutions: many diverse people and cross-segments of society coming and working together to address trauma-based problems experienced by young people. ”

— **Robert “Bob” Kristy, MA, LCSW**

The Sky Center/NMSIP’s Adolescent HUGS Coordinator and Clinical Supervisor

“ Through family counseling we met our goal of communicating better as a family. ”

— **Youth Client Reflection**

ADOLESCENT HUGS (ADOLESCENT HIGHER UTILIZER GROUP SERVICES)

The program is an intensive outpatient counseling service that provides 24/7 response to children and adolescents referred from CHRISTUS St. Vincent Regional Medical Center (CSVRCM) and associated medical clinics. Our goal is to reduce use of the emergency department and provide more accessible and targeted resources for youth in distress.

2024-2025 Results

65 youth were referred to The Sky Center from CHRISTUS St. Vincent Regional Medical Center's Emergency Department because of suicide risk and related concerns

The **Majority** of HUGS participants experienced decreased sadness and depression, and reported increased hopefulness

Only 2 of these 65 youths returned to CSVRCM for services after being seen at The Sky Center





“ A father described that when he approached behavioral health counseling at The Sky Center, he “felt desperate and lost. I struggled daily, and my wife and I didn’t know how to help.” The son said that he felt suicidal and “I thought I wasn’t going to be able to get the help that I needed - I felt hopeless”

Over the course of behavioral health counseling sessions, the father said that he became more comfortable “speaking and expressing my feelings,” and he grew “to have confidence in myself and to know that I have helped my family.” The son said, “counseling has helped me stop starting fights as often,” and “they helped me calm down and control myself.”

The father’s observation at the end of counseling at The Sky Center was that he needed to “slow down, hear other’s perspectives and realize that it is necessary to talk about the things that we don’t like - to listen to the other person’s opinion.” The son said that he “was not thinking of suicide after a problem [arises],” and that “we are communicating more openly and honestly as a family.” ”

— Father and Son

NO COST BILINGUAL FAMILY COUNSELING

The children and youth we support at The Sky Center have multi-faceted behavioral health issues: physical and sexual abuse, generational trauma, high family conflict, violence in the home, suicidal behaviors, and family history of drug and/or alcohol addictions. The Sky Center/NMSIP not only works with these high-risk youth and their families but includes intensive professional development training for the adults with whom they come into contact.

The Sky Center's intake process is purposeful in its easy access with human contact, simple bilingual forms and support on hand, overcoming hurdles for many in our service area. Evening counseling hours make it possible for entire working families to participate.



2024-2025 Results

366 youth (up through age 21) received counseling services

2,075 of no cost, bilingual counseling was provided at The Sky Center/NMSIP

371 adults (22 years of age and older) participated in family counseling sessions.

82% of family participants reported increased hopefulness



TOOLKIT FOR WELLBEING

Wellbeing: A state of being comfortable, healthy, or happy; a partnership of physical and emotional health that allows human beings to thrive.

Drawing on resiliency and healthy lifestyle research, we now know that wellbeing is a skillset that can be practiced. The Sky Center/New Mexico Suicide Intervention Project's Toolkit for Wellbeing is composed of six key elements:

- Social Connection: Being with friends and family.
- Self-regulation: Focus on your breath, put your feet on the ground.
- Mindful Awareness: Take a pause. What do you notice in this moment?
- Hope: What are you looking forward to and what can change?
- Physiological Well-Being: Enjoy water and a snack.
- Nature: Connection to weather, seasons, rituals.

We share this Toolkit throughout the community.

Community suicide awareness trainings were offered for adults in diverse settings, including: at the Santa Fe Women's Club for the Rotary Club of Santa Fe, the Santa Fe School of Arts and Sciences, and St. Bede's Episcopal Church (In English) and for parents at Cesar Chavez Elementary School (in Spanish).

Youth trainings took place at E.J. Martinez Elementary School, Santa Fe School of the Arts and Sciences, United World College, and University of New Mexico Medical School.

GATEKEEPER/COMMUNITY TRAINING INCORPORATING THE TOOLKIT FOR WELLBEING

The Sky Center/NMSIP provides training, education, and public awareness programs that deliver vital suicide awareness and prevention skills, wellbeing toolkit training, and information to students, teachers, community members, and faith leaders.

“ Thank you for helping us slow down, pause, go inward, reflect, and connect with each other. ”

— Student training participant

2024-2025 Results

50 youth were served

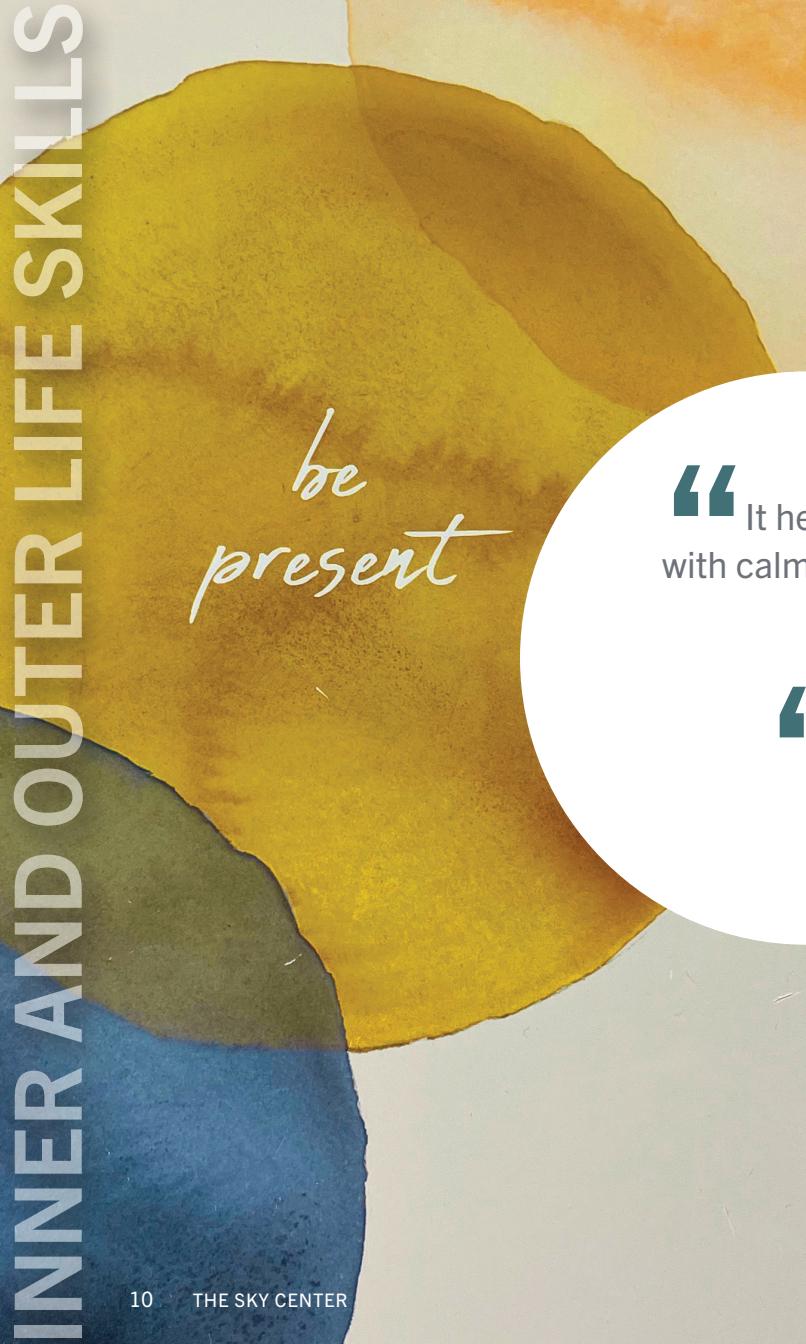
185 adults participated in the trainings and workshops

449.5 training hours were provided

“ *Todo fue excelente y muy bien explicado muchas gracias por enseñarnos* ”

(Everything was excellent and very well explained, thank you so much for teaching us.)

— Parent workshop participant



“ Group members showed progress toward group goals, particularly in identifying and practicing healthy coping skills, increasing mindfulness, and developing self-confidence. The group maintained respectful and focused dialogue, and students were able to differentiate between healthy and unhealthy coping strategies. ”

— Group Facilitator

“ It helped me in many ways, but it helped me most with calming and thinking before I do or say stuff. ”

— Youth Participant

“ I can talk to someone and there is always a solution. ”

— Youth Participant

“ Group members showed improvement in their sense of connection and trust. They had more fun together, shared more openly, and listened better when others talked about serious topics. Students were able to name both stressors and strengths in their lives and found they had a lot in common. While some still struggled with talking over each other or staying focused, bullying decreased and more isolated members became included. ”

— School Guidance Counselor

INNER AND OUTER LIFE SKILLS

Student participants who are identified by the school principal and/or wellness counselors as needing services join an 8-week responsive curriculum that strengthens both the internal and external resources participants need to cope and thrive.

While the cause for referral differed from child to child, truancy, classroom disruption, fighting with classmates and siblings, under-developed self-regulation skills, interpersonal skills and resiliency skills were frequently cited by school counselors.



2024-2025 Results

70 students participated in in-school counseling groups

502 hours of counseling services were provided

7 schools participated in at least one group:
Aspen Community Magnet School,
Chaparral Elementary School,
El Camino Real Academy,
Gonzales Elementary School,
Milagro Middle School,
Ortiz Middle School,
and Sweeney Elementary School.



“ Before Christmas break, a student brought to my attention that a student was having issues at home with her parents. The student was planning on harming herself as she thought that the situation was going to get worse during the break, as she had to be there all day. When I spoke to the student, she admitted to having different thoughts. We brought the parents in and had a conversation with both the parents and the student. Parents understood that they were only hurting their child, and the student also learned that she needed to ask for help and that hurting herself was not going to solve anything. This is only one example of many that students have to deal with. We need to make a difference by being present, observant, but most importantly, showing that we care by listening and taking action when students bring up situations like this to our attention. ”

— Counselor Comment

“ I think the Natural Helpers group has helped me deal with my own stress situations by offering me support whenever I need it. Because of it, I've been able to create connections with people that I now call my friends. ”

— Student Participant Comment

“ Thank you so much - these retreats are always something to look forward to and I always enjoy the connection that comes with them. ”

— Student Participant Comment

“ The Natural Helpers students and staff have been a great help to our school, while building the skills they need for their own lives. ”

— School Principal

NATURAL HELPERS

Natural Helpers is a peer-helping program which took place in eight schools during the 2024-2025 school year: Aspen Community Magnet School, El Camino Real Academy, Mandela International Magnet School, Milagro Middle School, New Mexico School for the Arts, Nina Otero Community School, Ortiz Middle School, and The Academy for Technology and the Classics.

The Natural Helpers program provides training to students who have been identified as 'listeners' by their peers and school staff. Natural Helpers are trained with helping and listening skills so that they may connect vulnerable peers to trusted adults and other appropriate resources.

Intensive training retreats, held in the fall and spring of each school year, provide a safe, comfortable, supportive, and

confidential setting where Natural Helpers can learn about and discuss behavioral health issues such as depression, anxiety, substance abuse, risky behaviors, self-harm, and suicide. Weekly in-school meetings occur each week at the participating schools.

(continued page 15)



2024-2025 Results

208 students from eight middle and high schools were trained to be Natural Helpers

10,281 hours completed in training, community service, and peer programming activities

443 individuals assisted in receiving help from 'trusted adults' by Natural Helper participants

Stress Ball Making Activity

Natural Helpers supports students with this fun and creative self-care session.

“ The group of five 8th graders in our Natural Helpers group has demonstrated leadership and commitment to the Natural Helpers program and to creating a positive and safe school environment. I have seen this group lead by example through their openness surrounding topics like sexuality, gender, suicide and depression, and bullying. During the retreat, they participated and took all the discussions, games, and presentations seriously which set the tone for the younger students. ”

— Natural Helper Adult Sponsor Comment



NATURAL HELPERS (*continued*)

Students continue to cultivate their robust social networks to implement service projects that aim to support connection with their peers during these times of isolation, and that provide resources to promote mental wellbeing.

“ I was delighted to witness how the program has grown since the pandemic with greater numbers of students participating, and with returning students feeling empowered and stepping into leadership roles. ”

— Tahoma Wrubleski, MA
Natural Helpers Group Coordinator

“ I was humbled by a Natural Helper coming to the support of a student with learning differences and talking them through their anxiety and frustration. I stepped back and let the Natural Helper work through the situation and it was successful. ”

— Natural Helper Adult Sponsor Comment

“ When one student was experiencing bullying, I saw one of my students approach the student that was being bullied and asked how they could help. The Natural Helper ended up talking to an adult to take care of the situation. ”

— Natural Helper Adult Sponsor Comment





“ We suffered a tragic loss of one of our students to suicide. After notifying our community of the loss, our Natural Helpers stepped up and truly became leaders in this difficult time. The students supported their peers with grief groups, a memorial around the student’s locker, and a 1,000 Crane Ascension ceremony during this week.

The 1,000 Crane Ceremony was organized by one of our Japanese Natural Helpers and his family which purchased origami paper for the students all to participate in folding 1,000 origami cranes. And at the end of the week, we hosted a ceremony where the cranes were burned in memory of the student – with the meaning of the student’s spirit joining the heavens and sending the student and his family peace. It was spiritual and cultural and very special for everyone. ”

— Natural Helpers School Coordinator

POSTVENTION

The Postvention Team is a circle of individuals who understand the complexity of youth suicide and hold the clinical training, experience, instinctive skills to navigate the painful, chaotic aftermath experienced after a student suicide or sudden death and responds to the crisis in the community.

While we are providing statistics on response efforts of the Postvention Team, the devastating loss of promise and hope in a young life is impossible to quantify.



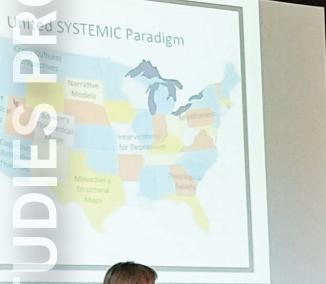
2024-2025 Results

3 schools were provided with postvention services. Postvention Team Members and one therapy dog have responded to incidents at El Dorado Community School, Salazar Elementary School, and Santa Fe High School

18 Postvention Team Members were trained

147 students, staff, and parents were provided with postvention services

105 hours of postvention support was given over 16 days



“ The strong level of support, feedback, involvement, and investment in my skills and work that I received from supervisors and leadership at The Sky Center was vital and life-changing for me. Because of the experiences at The Sky Center, I moved into my role as a full-time therapist with confidence, competence, critical thinking, evidence-based skills, sustainable self-care skills, professional boundaries, and increased hope for the futures of my clients, myself, our community, and our world. ”

— Graduate Intern

GRADUATE AND ADVANCED STUDIES PROGRAM

New Mexico is experiencing a severe shortage in behavioral health professionals statewide; only 14.4% of the need is currently being met. This shortage is especially acute in bilingual and bicultural providers according to the CHRISTUS Community Health Needs Assessment.

A cohort of as many as 16 graduate interns and advanced studies clinicians (already in the field and seeking more specialized systems training) each year benefit from The Sky Center's rigorous training.

To date, more than 250 trainees have entered New Mexico's behavioral health network. They now hold leadership roles at hospitals, community non-profit behavior health centers, nonprofit crisis centers, diverse middle and high schools, pueblos, and in government agencies.

The training program is a team approach with state-of-the-art training tools including:

- A live one-way mirror allowing Clinical Supervisors to observe family counseling sessions in real time and interact with trainees. (Families consent to the observation and taping of sessions.)
- Opportunity for trainees to review videos of their sessions and consult with Clinical Supervisors to hone skills.
- In-school group behavioral counseling training.
- Workshop facilitation coaching to successfully engage community groups in identifying and mitigating suicide risk.
- Postvention teamwork development to respond to a crisis as a member of a skilled team of professionals.

2024-2025 Results

10 participants graduated in the 2024-2025 class of interns

2,722 total contact hours were provided in the orientation of family systems model, policy, and procedures; one-to-one training and supervision in the treatment of suicide risk factors; how to assess for suicide risk; family counseling models that build strength and resiliency; implementing group counseling curriculum on inner and outer life skills



“ My experiences, learning, and training at The Sky Center come up often in job interviews and also connect me with many people in this field in our community. The Sky Center’s training is well known for going above and beyond in preparing therapists to navigate the challenges of our work ethically, capably, and passionately. ”

— Graduate Intern

GRADUATE AND ADVANCED STUDIES PROGRAM *(continued)*

Results from surveys of our past three graduating classes:

77% rated the overall quality of the supervision that they were given as exceptional; with the remaining 23% rating it as outstanding

100% uniformly responded that they had an a comprehensive/exceptional understanding of the risk factors for suicide and an ability to assess suicide potential in a wide range of clients. The majority felt that they were very well prepared to work with families, parents, and especially teens and school groups

88% of trainees are working in the mental health/social work field. Those not yet employed were completing their licensing requirement to join the workforce

88% of trainees are/or plan to work in New Mexico

100% reported that they would enthusiastically recommend The Sky Center as a training site for someone who was looking for an internship in counseling/social work

CONNECT SERVICES



CONNECT SERVICES

At The Sky Center/New Mexico Suicide Intervention Project, we realize that behavioral health issues do not happen in a vacuum. Our service population is disproportionately impacted by poverty, food insecurity, adverse childhood experiences, homelessness, inadequate childcare, and inequitable access to health care.

Through CONNECT, a joint initiative between the City of Santa Fe and Santa Fe County to support access to services for Santa Feans, a network of community navigators – health workers, volunteers, or social workers at clinics, community organizations, and city and county programs – link community members with agencies to address social needs like rent, nutritious food, secure housing, utilities, reliable transportation, and safe physical and social environments.

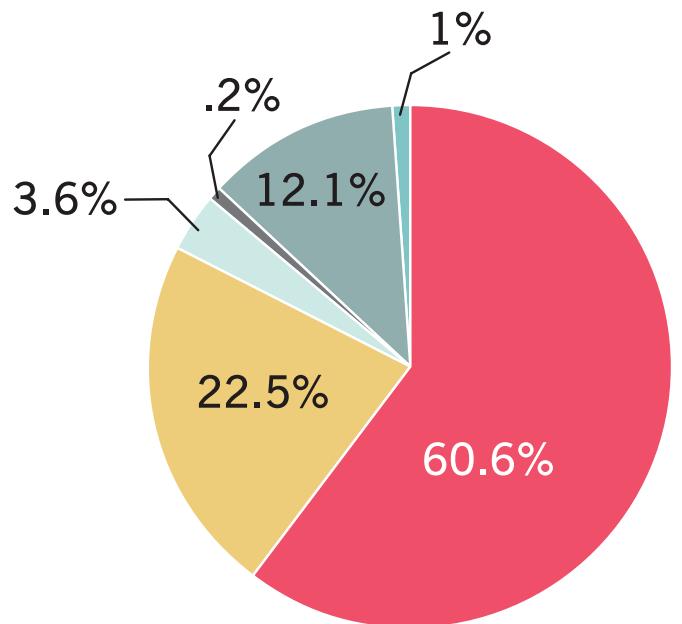
When a need arises, our dedicated bilingual front office team of Paloma Sandoval and Valerie C. are here to help. Paloma is also a trained CONNECT Navigator and assists our clients in obtaining assistance through CONNECT 211 in cooperation with United Way of North Central New Mexico.





FINANCIAL INFORMATION

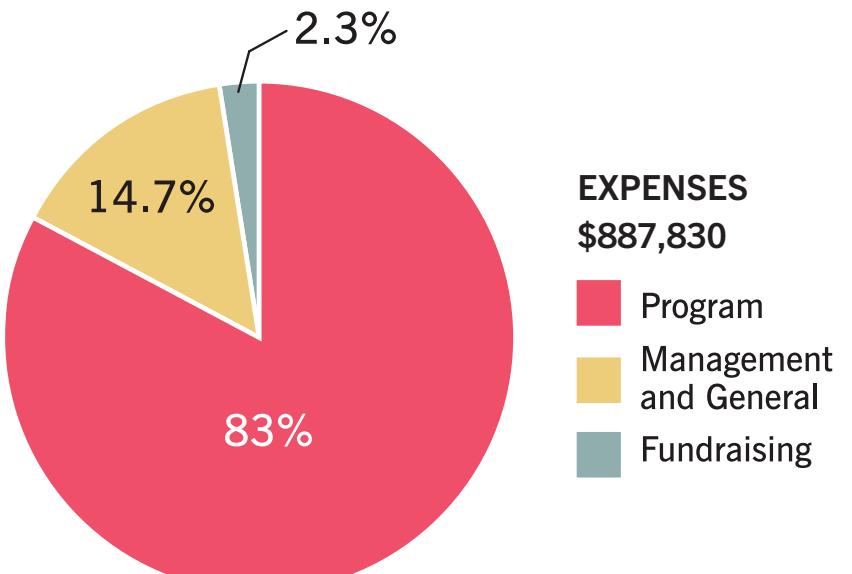
The Sky Center/New Mexico Suicide Intervention Project's funding is managed with the utmost care and the highest attention to fiduciary stewardship, as it supports the most vulnerable youth and families in our community.



REVENUE

\$923,713

- Individual Donations
- Business and Corporate Sponsorships
- Private Foundation/Other Grants
- City, County and State Government Contracts
- Other Income
- Earned Income



EXPENSES

\$887,830

- Program
- Management and General
- Fundraising

The Sky Center/New Mexico Suicide Intervention Project's finances are audited annually. Preliminary financial statements produced internally at the close of the Fiscal Year, June 30, 2025 are reflected here.



DONOR HONOR ROLL

The Sky Center of New Mexico Suicide Intervention Project strives to provide services at no cost to our clients and to make our services easily accessible to all who need them.

We rely entirely on grants, individual donations, civic and faith groups, foundations and in-kind support so that both clients and staff can focus on the work at hand. We are so grateful for the many donors listed on the next page that make our services possible to the community. If you care about our mission, if your own life has been touched by suicide, depression, or related issues, or you want to be part of the collective invitation to offer hope, resiliency, and wellness to others - [please make your donation](#) today through our secure website and join our circle of care.

Our Donor List reflects contributions received between July 1, 2022 and June 30, 2025.

“ Sky Center stands out as a model of collaboration, working hand-in-hand with local schools, hospitals, and community organizations. They are instrumental in recruiting and training the next generation of behavioral health clinicians while effectively serving teens, young adults, and their families. Recognizing the urgency of suicide prevention, they understand the need for a coordinated and knowledgeable response to this public health crisis. **”**

— **Jenny Parks, Senior Vice President of Strategic Philanthropy**
Anchorum Health Foundation

Santa Fe Public Schools

The Santa Fe Public School District has been a significant partner, providing facility space for our programs since 2009.

Foundation and Government Support

Aerospace Corporation - CarMax Foundation
Bank of Albuquerque Foundation
Carl C. Anderson, Sr. & Marie Jo Anderson Charitable Foundation
Cathedral Basilica of St. Francis of Assisi
Charles Piper Cost Foundation
CHRISTUS Foundation Community Impact Fund
CHRISTUS St. Vincent Regional Medical Center
City of Santa Fe, Children and Youth Commission
City of Santa Fe, Office of Economic Development
Community Health Funder Alliance
Del Norte LOV Foundation
Dry Family Foundation
Everyday Center for Spiritual Living
First Presbyterian Church of Santa Fe
Frost Foundation
Give Lively Giving Basket
Grand Rapids Community Foundation – Loeks Family Fund
James N. Cost Foundation
Katz Amsterdam Charitable Fund
Las Campanas Community Fund
Life Center Foundation
Lineberry Foundation
Los Alamos National Laboratory Foundation

Molina Healthcare

Nancy Ann Mellen Foundation
New Cycle Foundation – ADD
Presbyterian Health Hospital Foundation
Resilient New Mexico: Telehealth Community Workgroup
Robert A. Stranahan, Jr. Charitable Advised Fund of the Greater Toledo Community Foundation
Roger Jordan Advised Fund of RSF Social Finance
Rotary Club of Santa Fe Foundation
St. Bede's Episcopal Church
Santa Fe Community Foundation Community Grants
Santa Fe Community Foundation – Envision Fund
Santa Fe Community Foundation – Santa Fe Hestia Fund
Santa Fe Community Foundation – Piñon Award
Santa Fe Community Foundation Program
Donor Advised Funds
· Cabin Fund at the Santa Fe Community Foundation
· Celia Lipton Farris and Victor W. Farris Foundation Fund at the Santa Fe Community Foundation
· Chamisa Fund at the Santa Fe Community Foundation
· Jack and Mary Gilliam Endowment Fund at the Santa Fe Community Foundation
· Jamie Douglas Donor Advised Fund
Santa Fe County Community Services Department
Santa Fe Kiwanis Club Foundation
Steele Family Foundation
Still Point Foundation
Temple Beth Shalom

The Barker Welfare Foundation

The Catholic Foundation
The Church of the Holy Faith
Thornburg Foundation
United Way of North Central New Mexico
Unity Santa Fe

Individual Donations

The Sky Center/New Mexico Suicide Intervention Project expresses its gratitude to the generous individual donors, led by our dedicated Board of Directors, who support our efforts to provide behavioral health programs to our community of Santa Fe and Northern New Mexico.

While we endeavor to appropriately recognize all of our donors, please inform us if we have inadvertently omitted your name or listed it incorrectly.



BUSINESS AND CORPORATE SPONSORSHIPS

Last year, The Sky Center/New Mexico Suicide Intervention Project launched its first Business and Sponsorship Campaign. We are grateful that nearly 20 businesses have responded to the call already.

The Sky Center was pleased to welcome Guadalupe Credit Union as a 2024-2025 lead sponsor. In announcing Guadalupe Credit Union's support, Financial Coach and Outreach Manager Gabriela Leon said: *"At Guadalupe Credit Union, we don't just fund community change, we live it. By partnering with our nonprofit neighbors, we provide bilingual financial coaching to their staff and clients, empowering families and strengthening our community, one step at a time."*

It takes a village to provide NO COST behavioral health programming to Santa Fe and Northern New Mexico. We encourage businesses to help The Sky Center move toward a healthy community and a thriving workforce for the future. Please visit our [website](#) for detailed information and our ladder of benefits – and join us!

Our growing list of Business and Corporate Sponsors

Adverti-Zing!

[Alicia's Tortilleria, LLC](#)

Brad Gallegos – [CrossCountry Mortgage](#)

[Gruet Winery](#)

[Guadalupe Credit Union](#)

[Hello Wellness Therapy](#)

[Los Alamos National Laboratory Employee Giving Campaign](#)

[N3B - Los Alamos/Newport News](#)

[Payne's Nurseries & Greenhouses, Inc.](#)

[Pinpoint Ventures, Inc. \(dba Paper Tiger\)](#)

[Positive Energy, Inc.](#)

[Santa Fe Association of REALTORS®](#)

[Santa Fe Mobile MD](#)

[Santa Fe New Mexican](#)

[SG Group LLC \(State Farm Insurance\)](#)

[Target Circle Community Giving Program](#)

[Thornburg Investment Management](#)

Triad Los Alamos National Laboratory Community Partnership Office





“ I was a founding board member of the New Mexico Suicide Intervention Project (NMSIP), and have served on the board for 28 years. Thirty years ago, Katherine Klassen, Ph.D. recognized the need to create prevention and intervention services to decrease risk behaviors related to suicide and increase the resiliency of youth in Northern New Mexico. NMSIP (The Sky Center) started in a janitor’s closet at St. Bede’s Episcopal Church in Santa Fe in 1994, moved to a Quonset hut at the College of Santa Fe, to DeVargas Middle School, and now offers cutting edge prevention, intervention, and free family counseling services from its beautiful facility located at Ortiz Middle School. The Sky Center also provides invaluable training for graduate practitioners, most of whom remain in New Mexico. Our youth and their families are even more vulnerable since the isolation and disruption of the pandemic and even more in need of The Sky Center. ”

— **Karen Aubrey**
Board Member

BOARD OF DIRECTORS AND STAFF

BOARD OF DIRECTORS

Edward "Ned" Walpin *Chair*
Katie Dry *Vice Chair*
Craig Blessing *Treasurer*

Karen Aubrey
Michael C. Davis
Carol Gerard
John Hackett
Sean Ham
Adam Rosen

Leave of Absence: Cameron Miranda

At The Sky Center/New Mexico Suicide Intervention Project, we endeavor to have a Board of Directors that represents the cultural, gender, sexual orientation, and economic diversity of the Santa Fe community.

ADMINISTRATIVE STAFF AND CLINICAL SUPERVISORS

Apryl Miller, LCSW	<i>Founding and Executive Director</i>
Marisol Peña, LMSW	<i>Associate Director (Incoming Executive Director)</i>
Janice L. Mayer MPA, CFRE	<i>Grants and Development Director</i>
Annai Burrola, LCSW, IMH-E®	<i>Clinical Program Director and Clinical Supervisor</i>
Robert "Bob" Kristy, MA, LCSW	<i>Adolescent HUGS Coordinator and Clinical Supervisor</i>
Leah O'Shell, MC	<i>Postvention Team Coordinator</i>
Caroline Stewart, SEP	<i>Natural Helpers Coordinator (Incoming)</i>
Tahoma Wrubleski, MA	<i>Natural Helpers Coordinator (Outgoing)</i>
Dennis Blumgarner, LCSW, ACSW	<i>Clinical Supervisor</i>
Claire Pfister, LCSW	<i>Clinical Supervisor</i>
Carlotta Saiz, LPCC	<i>Clinical Supervisor</i>
Farah Sultan, LMSW, SEP	<i>Cultivating Connections Facilitator</i>
Paloma Sandoval, BA (in progress)	<i>Office Manager</i>
Valerie C.	<i>Office Assistant</i>

SPANISH - LANGUAGE INTERPRETERS

Lina Chavez de Lara
Valerie C.
Marc A. Forlenza
Paloma Sandoval
Nancy Toscano

PHOTO CAPTIONS AND CREDITS

Cover Image: The Gratitude Forest in the Lobby of The Sky Center. Youth design leaves expressing what they are thankful for in their own lives.

Page 4: Robert “Bob” Kristy, HUGGS Coordinator and Clinical Supervisor pictured at his computer under the watchful eyes of his Bob Marley poster.

Page 5: Imagine image from Strawberry Fields in NYC’s Central Park inspires family counseling clients in Bob Kristy’s office.

Page 6: Adobe Stock image of Father and Son (Due to the confidential nature of family counseling, we are not able to use the actual image of the family.)

Page 7: Child-friendly Waiting Room at The Sky Center.

Page 8: Associate Director Marisol Peña (who is the incoming Executive Director) presents the Toolkit for Wellbeing at a Gatekeeper/Suicide Awareness Training.

Page 11: Adobe Stock Image symbolizes that Inner and Outer Life skills are woven together to support the whole child.

Page 12: Natural Helpers participants during an exercise at a semi-annual Camp Stoney retreat. Photo Marc A. Forlenza.

Page 13: Incoming Natural Helpers Coordinator Caroline Siewert, SEP pictured with Outgoing Natural Helpers Coordinator Tahoma Wrubleski, MA.

Photo Annai Burrola.

Page 15: New Mexico School for the Arts created Stress Balls for their classmates as a community engagement project. Photo courtesy of Natural Helpers Sponsor, New Mexico School for the Arts.

Page 16: An artful locker tribute to a classmate who died by suicide. Photo courtesy of the Natural Helpers School Coordinator at the impacted school.

Page 17: Basket of hearts created by teachers following a school crisis. Photo courtesy of the school faculty.

Page 18: Founding Executive Director Apryl Miller presents as part of the Graduate and Advanced Studies Orientation. Photo: The Sky Center archive.

Page 20: The 2024-2025 Graduate and Advanced Studies Interns Pictured left to right: Anna Doten, Heather Strasser, Gabriela Villalobos, Beau Scurich, Megan Marunowski, Tereza North, Tahoma Wrubleski, Abby Carlin-Le, and Devon M. Corbet. Not pictured: Maya Huffman. Photo: Annai Burrola.

Page 22: Our dynamic duo in the front office Paloma Sandoval, Office Manager and Interpreter (seated) and Valerie C., Office Assistant and Interpreter. Paloma is also a trained CONNECT Navigator. Photo: Annai Burrola.

Page 23: Quilt wall-hanging at The Sky Center exemplifies connectivity.

Page 24: The Lineberry Foundation celebrated its 10th Anniversary with a site visit to The Sky Center. Pictured Left to Right: The Sky Center’s Clinical Program Director and Clinical Supervisor Annai Burrola, LCSW, IMH-E®, Lineberry Foundation Directors Allana Cartier, Debbie Salazar, Ashlee Sierra, and Kathy Deubel, Northern Trust Advisors Kelli Garcia and Hilary Leav, The Sky Center’s Grants and Development Director, Janice L. Mayer, CFRE. Photo: David Cox.

Page 26: Artwork symbolizing the circle of giving created and donated by Rosalind Rosen for The Sky Center’s 2025 Valentine Annual Appeal. The painting now adorns The Sky Center’s office wall.

Page 28: The Guadalupe Credit Union Team: Adrian Hernandez Financial Coach and Outreach Coordinator, Paulina Terrazas Financial Coach and Outreach Coordinator, Gabriela Leon Financial Coach and Outreach Manager, and Julio Rosales Financial Coach and Outreach Coordinator. Photo courtesy of Guadalupe Credit Union.

Page 30: Founding Executive Director Apryl Miller meets with Associate Director (and incoming Executive Director) Marisol Peña at The Sky Center.

All Photos: Zina Jundi, Adverti-Zing! Unless otherwise noted.



The Sky Center

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