



2023 - 2024 ANNUAL REPORT

The Sky Center

New Mexico Suicide Intervention Project

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“ Hope is the thing with feathers -
That perches in the soul -
And sings the tune without the words -
And never stops - at all ”

— Emily Dickinson

MISSION STATEMENT

Our mission is to meet the challenge of youth suicide in Santa Fe and Northern New Mexico through lasting solutions that encourage resiliency, courage, connection and hope.

WORD FROM THE FOUNDING AND EXECUTIVE DIRECTOR

Dear Friends of The Sky Center:

HOPE – “Hope is being able to see that there is light despite all of the darkness,” said Desmond Tutu. The Archbishop was the recipient of the 1984 Nobel Prize for Peace for his work drawing attention to the iniquities of apartheid. Ten years later, he was appointed leader of the Truth and Reconciliation Commission by President Nelson Mandela.

In recognizing that New Mexico has the second highest youth suicide rate in the United States, or that the level of Santa Fe high school students’ depression is 10% higher than the national average, or especially heartbreakingly, 25.4% middle school students reported that they had thought seriously about death by suicide, and 11.8% reported that they had attempted suicide, many would find the situation HOPE-less.

Prior to family counseling at The Sky Center, one parent described feeling “fear, frustration, anxiety, anger - in a hole with no way out,” Essentially, in the dark. Youth expressed feeling “hopeless, angry, and confused,” “sad and hopeless,” and “hopeless and unmotivated,” prior to counseling. After attending counseling at The Sky Center, youth often expressed that “It made me HOPE.”

So how do we convert feelings of hopelessness into HOPE?

At The Sky Center/New Mexico Suicide Intervention Project (NMSIP) we work to provide a full range of equitable and accessible services to those in our community. Our NO COST bilingual family counseling intake process is purposeful in its

easy access with a friendly, caring voice answering the phone, human contact, simple bilingual forms, and limited waiting time helps to overcome hurdles for many in our service area. Evening counseling hours make it possible for entire working families to participate.

How do we instill HOPE in family situations that might seem hopeless? Our clinical supervisors address issues directly, honestly – and yes, truthfully. Our family counseling model reconciles families. We do this by providing essential life skill tools, as we describe on page 8 of this report. As examples, one parent described that counseling at The Sky Center “gave ideas/solutions to problems and [we] learned to break the cycle.” A youth said that he learned “how to communicate more clearly/effectively.”

Overall, The Sky Center/New Mexico Intervention Project provides HOPE by “teaching the importance of someone’s life.” Such a simple - and yet profound – observation from a young client.

As we share The Sky Center/New Mexico Suicide Intervention Project’s accomplishments throughout the past year in our Annual Report, please know that your support of our programs brings us HOPE as we work to instill HOPE in Santa Fe and Northern New Mexico.

Sincerely,



Apryl Miller, LCSW
Founding and Executive Director



“ In partnership with CHRISTUS St. Vincent Regional Medical Center, the Adolescent HUGS program serves the important function of connection; specifically, connecting young people and families to The Sky Center. If trauma feeds upon division and isolation, then family therapy helps youth to find sources of strength and solutions in their families, schools, and community. This program uses the traditional notion of wrapping arms around those who are most vulnerable and assuring that no one feels alone with depression, anxiety, and suicide – the true meaning of ‘wraparound’ services. At The Sky Center, we see youth suicide as a community issue in need of community solutions: many diverse people and cross-segments of society coming and working together to address trauma-based problems experienced by young people. ”

— Robert Kristy (Bob), MA, LCSW

The Sky Center/NMSIP's Adolescent HUGS Coordinator and Clinical Supervisor

“ Family Therapy, you must go for the whole family, not one person. ”

— Youth Client Reflection

ADOLESCENT HUGS (ADOLESCENT HIGHER UTILIZER GROUP SERVICES)

The program is an intensive outpatient counseling service that provides 24/7 response to children and adolescents referred from CHRISTUS St. Vincent Regional Medical Center (CSVRCMC) and associated medical clinics. Our goal is to reduce use of the emergency department and provide more accessible and targeted resources for youth in distress.

2023-2024 Results

52 youth were referred to The Sky Center from CHRISTUS St. Vincent Regional Medical Center's Emergency Department because of suicide risk and related concerns

Only 3 of these 52 youths returned to CSVRCMC for services after being seen at The Sky Center



The **Majority** of HUGS participants experienced decreased sadness and depression, and reported increased hopefulness



“ My granddaughter was hurting herself with self-inflicted wounds that were initially not visible to the family. She was referred to The Sky Center where we all came together for family counseling.

Today she is involved in sports, has changed-up her friend group, and is a happy 13-year old with a positive outlook and self-esteem. ”

— Grandma M.

NO COST BILINGUAL FAMILY COUNSELING

The children and youth we support at The Sky Center have multi-faceted behavioral health issues: physical and sexual abuse, generational trauma, high family conflict, violence in the home, suicidal behaviors, and family history of drug and/or alcohol addictions. The Sky Center/NMSIP not only works with these high-risk youth and their families but includes intensive professional development training for the adults with whom they come into contact.

The Sky Center's intake process is purposeful in its easy access with human contact, simple bilingual forms and support on hand, overcoming hurdles for many in our service area. Evening counseling hours make it possible for entire working families to participate.



2023-2024 Results

331 youth (up through age 21) received counseling services

386 adults participated in family counseling sessions.

2,216 of no cost, bi-lingual conseling was provided at The Sky Center/NMSIP

The **Majority** of family participants reported increased hopefulness



TOOLKIT FOR WELLBEING

Wellbeing: A state of being comfortable, healthy, or happy; a partnership of physical and emotional health that allows human beings to thrive.

Drawing on resiliency and healthy lifestyle research, we now know that wellbeing is a skillset that can be practiced. The Sky Center/New Mexico Suicide Intervention Project's Toolkit for Wellbeing is composed of six key elements:

- Social Connection: Being with friends and family.
- Self-regulation: Focus on your breath, put your feet on the ground.
- Mindful Awareness: Take a pause. What do you notice in this moment?
- Hope: What are you looking forward to and what can change?
- Physiological Well-Being: Enjoy water and a snack.
- Nature: Connection to weather, seasons, rituals.

We share this Toolkit throughout the community.

Community trainings were offered in diverse settings: from Santo Domingo Pueblo to the nonprofit Solace Sexual Assault, and including UNM Medical Students.

Youth trainings took place at Breakthrough Santa Fe, El Camino Real (first and second graders), Piñon Elementary (third, fourth, fifth and six graders), Early Opportunities High School, (ninth graders), Mandela International Magnet School (ninth graders), Santa Fe High, and at San Isidro Church for the Youth Group.

GATEKEEPER/COMMUNITY TRAINING INCORPORATING THE TOOLKIT FOR WELLBEING

The Sky Center/NMSIP provides training, education, and public awareness programs that deliver vital suicide awareness and prevention skills, wellness toolkit training, and information to students, teachers, community members, and faith leaders.

“ They explained to us how to help someone and the signs. ”
— Youth training participant

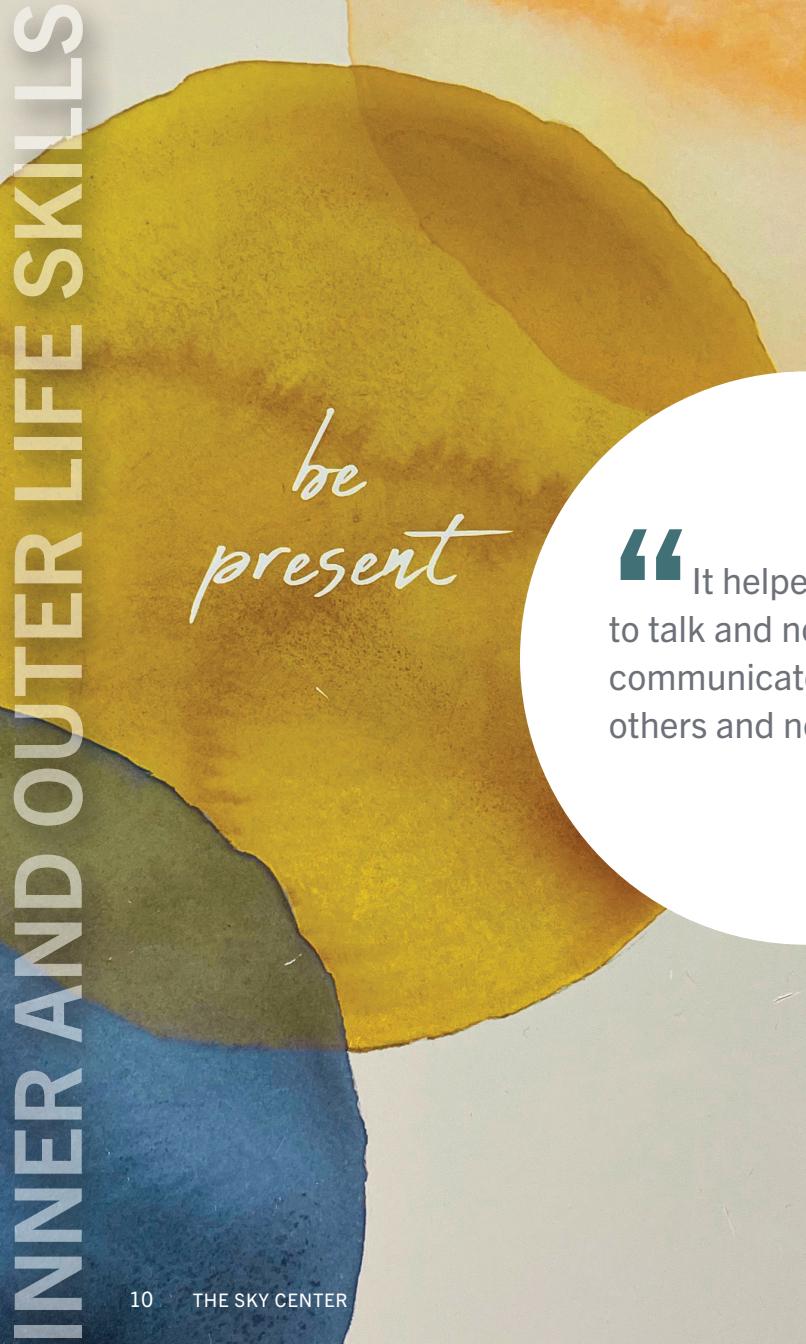
2023-2024 Results

1,026 youth were served

101 adults participated in the trainings and workshops

1,917 training hours were provided

“ The presenters were responsive and well-prepared. Great job with warning signs and risk factors. ”
— Adult workshop participant



be
present

“ It helped me change my actions – to talk and not fight; It helped me relax and communicate better; It helped me in trusting others and not getting angry so much. ”

– Youth Participant

“ I observed that students in the Inner and Outer Life Skills Group at my school were not from the same friend group and did not associate with each other prior to the group. As the group’s sessions progressed, I observed the members being kinder and more solicitous to each other during the regular school day. ”

– School Guidance Counselor

“ Many students expressed experiencing community violence and how this has normalized violence as a means for managing conflicts with others. This group provided a safe space for students to explore other ways of managing conflict and to express feelings. Most students showed improvement on pre and post skills questionnaires and all students commented on the lessons they learned and that they would want to do the group again. ”

– Group Facilitator

INNER AND OUTER LIFE SKILLS

Student participants who are identified by the school principal and/or wellness counselors as needing services join an 8-week responsive curriculum that strengthens both the internal and external resources participants need to cope and thrive.

While the cause for referral differed from child to child, truancy, classroom disruption, fighting with classmates and siblings, under-developed self-regulation skills, interpersonal skills and resiliency skills were frequently cited by school counselors.

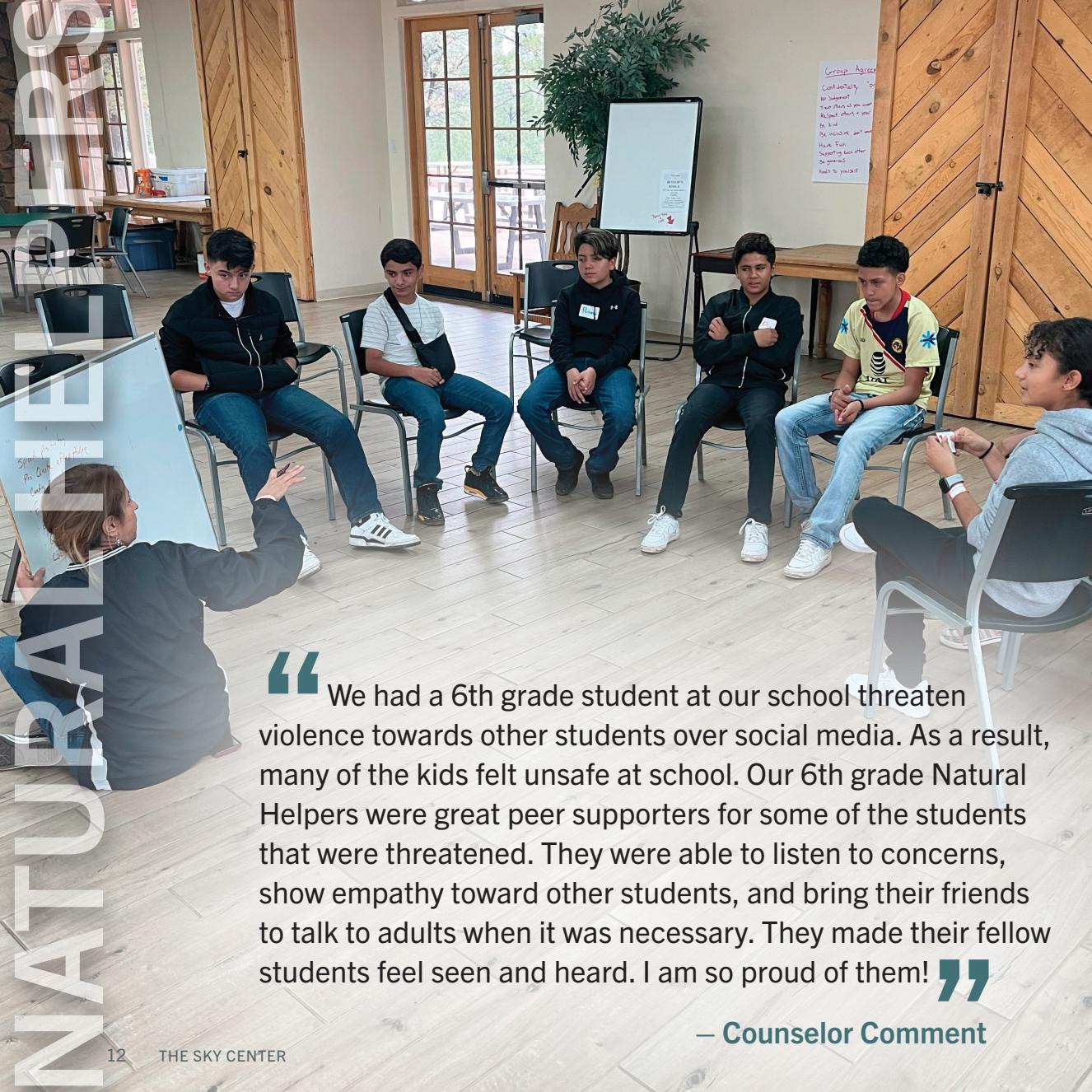


2023-2024 Results

62 students participated in in-school counseling groups

402 hours of counseling services were provided

5 schools participated with at least one group: Chaparral Elementary School, Milagro Middle School, Ortiz Middle School, Salazar Elementary School, and Sweeney Elementary School



“ We had a 6th grade student at our school threaten violence towards other students over social media. As a result, many of the kids felt unsafe at school. Our 6th grade Natural Helpers were great peer supporters for some of the students that were threatened. They were able to listen to concerns, show empathy toward other students, and bring their friends to talk to adults when it was necessary. They made their fellow students feel seen and heard. I am so proud of them! ”

— Counselor Comment

“ At lunch duty in the cafeteria, I have witnessed Natural Helpers check on students who are either often alone or that are having problems. On at least two occasions they have come to me in the lunchroom to draw my attention to a student in need of support. ”

— Teacher Comment

“ I think that I am able to understand what I need when it comes to difficult stressful situations. For example, the techniques that I have learned in order to regulate stress, such as breathing, gratitude, and talking with my fellow natural helpers, have been incredibly helpful. This has only been possible because I am part of this community that wants the best for each other. ”

— Student Comment

NATURAL HELPERS

Natural Helpers is a peer-helping program which took place in eight schools during the 2023-2024 school year: Aspen Community Magnet School, El Camino Real Academy, Mandela International Magnet School, Milagro Middle School, New Mexico School for the Arts, Nina Otero Community School, Ortiz Middle School, and The Academy for Technology and the Classics.

The Natural Helpers program provides training to students who have been identified as 'listeners' by their peers and school staff. Natural Helpers are trained with helping and listening skills so that they may connect vulnerable peers to trusted adults and other appropriate resources.

Intensive training retreats, held in the fall and spring of each school year, provide a safe, comfortable, supportive, and

confidential setting where Natural Helpers can learn about and discuss behavioral health issues such as depression, anxiety, substance abuse, risky behaviors, self-harm, and suicide. Weekly in-school meetings occur each week at the participating schools.

(continued next page)



2023-2024 Results

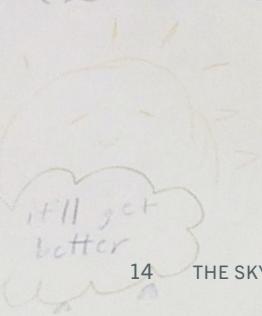
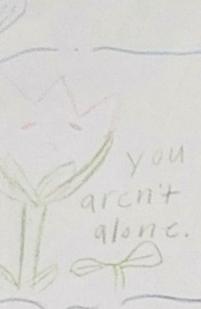
208 students from eight middle and high schools were trained to be Natural Helpers

7,148 hours completed in training, community service, and peer programming activities

567 individuals assisted in receiving help from 'trusted adults' by Natural Helper participants

WHY YOU MATTER!

you are doing better than you think



you've made a impact! big or small to someone.

it's okay to be tired!

you'll grow and learn

there are others who like you!

you got out of bed today!

“ If anything, it creates a space for like-minded people to share kindness. We do a lot for the community by spreading joy with different projects. ”

— Student Comment



NATURAL HELPERS (*continued*)

Students continue to cultivate their robust social networks to implement service projects that aim to support connection with their peers during these times of isolation, and that provide resources to promote mental wellbeing.

“ Natural Helpers is an important component of [our school]. The service project they recently did was excellent and would be great to get visibility early in the fall for them - through tables, gatherings, some type of project. Thank you! ”

— Principal Comment

“ I know how empowering it can be to feel seen for one’s leadership qualities and to learn new tools for supporting one’s peers. I am always looking for opportunities to step back and invite the students I work with to take the lead and teach each other about what it means to be a Natural Helper. ”

— Tahoma Wrubleski
Natural Helpers and Group Coordinator





“ We suffered a tragic loss of one of our students to suicide. After notifying our community of the loss, our Natural Helpers stepped up and truly became leaders in this difficult time. The students supported their peers with grief groups, a memorial around the student’s locker, and a 1000 Crane Ascension ceremony during this week.

The 1000 Crane Ceremony was organized by one of our Japanese Natural Helpers and his family which purchased origami paper for the students all to participate in folding 1000 origami cranes. And at the end of the week, we hosted a ceremony where the cranes were burned in memory of the student – with the meaning of the student’s spirit joining the heavens and sending the student and his family peace. It was spiritual and cultural and very special for everyone. ”

— Natural Helpers School Coordinator

POSTVENTION

The Postvention Team is a circle of individuals who understand the complexity of youth suicide and hold the clinical training, experience, instinctive skills to navigate the painful, chaotic aftermath experienced after a student suicide or sudden death and responds to the crisis in the community.

While we are providing statistics on response efforts of the Postvention Team, the devastating loss of promise and hope in a young life is impossible to quantify.



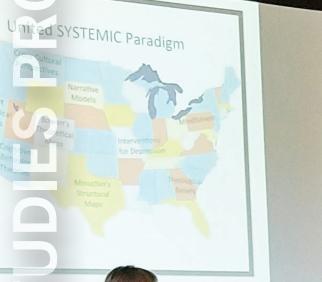
2023-2024 Results

7 schools were provided with postvention services. Postvention Team Members and one therapy dog have responded to incidents at Aspen Community Magnet School, Capitol High School, Mandela International Magnet School, Santa Fe High School, and United World College

62 Postvention Team Members were trained

446 students, staff, and parents were provided with postvention services

88 hours of postvention support was given over 16 days



“ The strong level of support, feedback, involvement, and investment in my skills and work that I received from supervisors and leadership at The Sky Center was vital and life-changing for me. Because of the experiences at The Sky Center, I moved into my role as a full-time therapist with confidence, competence, critical thinking, evidence-based skills, sustainable self-care skills, professional boundaries, and increased hope for the futures of my clients, myself, our community, and our world. ”

— Graduate

GRADUATE AND ADVANCED STUDIES PROGRAM

New Mexico is experiencing a severe shortage in behavioral health professionals statewide; only 14.4% of the need is currently being met. This shortage is especially acute in bilingual and bicultural providers according to the CHRISTUS Community Health Needs Assessment.

A cohort of as many as 15 graduate interns and advanced studies clinicians (already in the field and seeking more specialized systems training) each year benefit from The Sky Center's rigorous training.

To date, more than 250 trainees have entered New Mexico's behavioral health network. They now hold leadership roles at hospitals, community non-profit behavior health centers, nonprofit crisis centers, diverse middle and high schools, pueblos, and in government agencies.

The training program is a team approach with state-of-the-art training tools including:

- A live one-way mirror allowing Clinical Supervisors to observe family counseling sessions in real time and interact with trainees. (Families consent to the observation and taping of sessions.)
- Opportunity for trainees to review videos of their sessions and consult with Clinical Supervisors to hone skills.
- In-school group behavioral counseling training.
- Workshop facilitation coaching to successfully engage community groups in identifying and mitigating suicide risk.
- Postvention teamwork development to respond to a crisis as a member of a skilled team of professionals.

2023-2024 Results

9 participants graduated in the 2023-2024 class of interns

2,295 total contact hours were provided in the orientation of family systems model, policy, and procedures; one-to-one training and supervision in the treatment of suicide risk factors; how to assess for suicide risk; family counseling models that build strength and resiliency; implementing group counseling curriculum on inner and outer life skills



“ My experiences, learning, and training at The Sky Center come up often in job interviews and also connect me with many people in this field in our community. The Sky Center’s training is well known for going above and beyond in preparing therapists to navigate the challenges of our work ethically, capably, and passionately. ”

— Graduate

GRADUATE AND ADVANCED STUDIES PROGRAM *(continued)*

Results from surveys of our past three graduating classes:

77% rated the overall quality of the supervision that s/he was given as exceptional; with the remaining 23% rating it as outstanding

100% uniformly responded that they had an a comprehensive/exceptional understanding of the risk factors for suicide and an ability to assess suicide potential in a wide range of clients. The majority felt that they were very well prepared to work with families, parents, and especially teens and school groups

88% of trainees are working in the mental health/social work field. Those not yet employed were completing their licensing requirement to join the workforce

88% of trainees are/or plan to work in New Mexico

100% reported that they would enthusiastically recommend The Sky Center as a training site for someone who was looking for an internship in counseling/social work

CONNECT SERVICES



CONNECT SERVICES

At The Sky Center/New Mexico Suicide Intervention Project, we realize that behavioral health issues do not happen in a vacuum. Our service population is disproportionately impacted by poverty, food insecurity, adverse childhood experiences, homelessness, inadequate childcare, and inequitable access to health care.

Through CONNECT, a joint initiative between the City of Santa Fe and Santa Fe County to support access to services for Santa Feans, a network of community navigators – health workers, volunteers, or social workers at clinics, community organizations, and city and county programs – link community members with agencies to address social needs like rent, nutritious food, secure housing, utilities, reliable transportation, and safe physical and social environments.

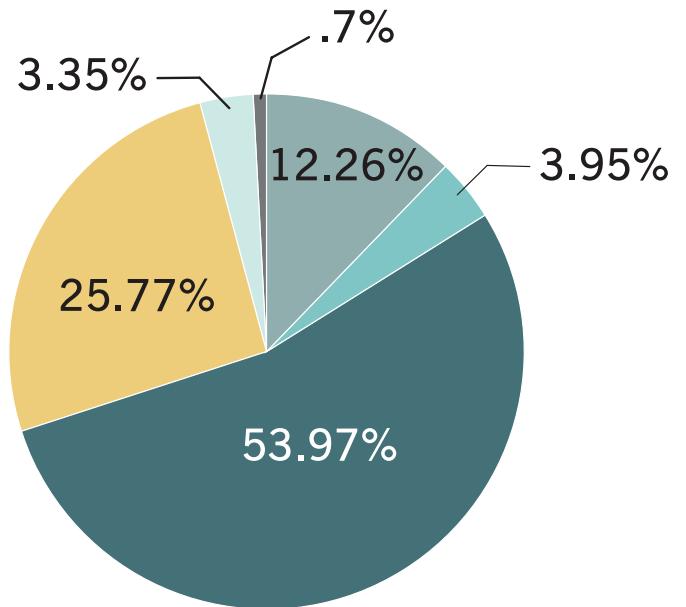
When a need arises, our dedicated, bilingual front office team and trained Navigators, Maria DeBlassie and Paloma Sandoval, are here to help. They assist our clients in obtaining assistance through CONNECT 211 in cooperation with United Way of North Central New Mexico.





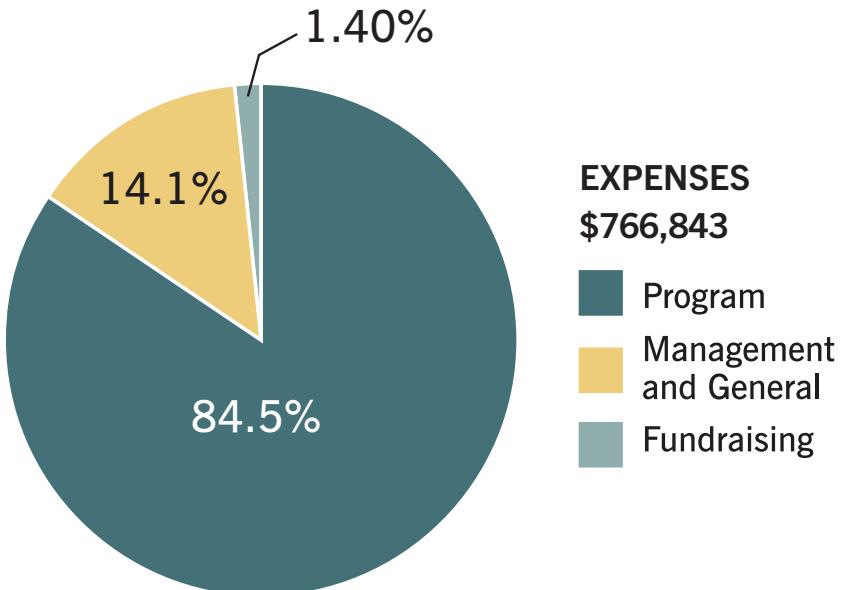
FINANCIAL INFORMATION

The Sky Center/New Mexico Suicide Intervention Project's funding is managed with the utmost care and the highest attention to fiduciary stewardship, as it supports the most vulnerable youth and families in our community.



REVENUE
\$803,210

- Individual Donations
- Business and Corporate Sponsorships
- Private Foundation/Other Grants
- City, County and State Government Contracts
- Other Income
- Earned Income



EXPENSES
\$766,843

- Program
- Management and General
- Fundraising

The Sky Center/New Mexico Suicide Intervention Project's finances are audited annually. Preliminary financial statements produced internally at the close of the Fiscal Year, June 30, 2024 are reflected here.

“ Sky Center stands out as a model of collaboration, working hand-in-hand with local schools, hospitals, and community organizations. They are instrumental in recruiting and training the next generation of behavioral health clinicians while effectively serving teens, young adults, and their families. Recognizing the urgency of suicide prevention, they understand the need for a coordinated and knowledgeable response to this public health crisis. ”

— Jenny Parks
Senior Vice President of Strategic Philanthropy
Anchorum Health Foundation

DONOR HONOR ROLL

The Sky Center of New Mexico Suicide Intervention Project strives to provide services at no cost to our clients and to make our services easily accessible to all who need them.

We rely entirely on grants, individual donations, civic and faith groups, foundations and in-kind support so that both clients and staff can focus on the work at hand. We are so grateful for the many donors listed on the next page that make our services possible to the community. If you care about our mission, if your own life has been touched by suicide, depression, or related issues, or you want to be part of the collective invitation to offer hope, resiliency, and wellness to others - [please make your donation](#) today through our secure website and join our circle of care.

Our Donor List reflects contributions received between July 1, 2021 and June 30, 2024

Santa Fe Public Schools

The Santa Fe Public Schools is a significant partner, and has provided facility space for our programs since 2009.

Foundation and Government Support

Barker Welfare Foundation

Carl C. Anderson, Sr. & Marie Jo Anderson Charitable Foundation

Cathedral Basilica of St. Francis of Assisi

Charles Piper Cost Foundation

CHRISTUS Foundation Community Impact Fund

CHRISTUS St. Vincent Regional Medical Center

City of Santa Fe, Children and Youth Commission

Community Health Funder Alliance

Dry Family Foundation

Edwards Wyatt Foundation

Everyday Center for Spiritual Living

First Presbyterian Church of Santa Fe

Frost Foundation

James N. Cost Foundation

Katz Amsterdam Charitable Fund

Las Campanas Community Fund

Life Center Foundation

Lineberry Foundation

Los Alamos National Laboratory Foundation

Molina Healthcare

Nancy Ann Mellen Foundation

Presbyterian Health Hospital Foundation

Resilient New Mexico: Telehealth

Community Workgroup

Robert A. Stranahan, Jr. Charitable Advised Fund of the Greater Toledo Community Foundation

Roger Jordan Advised Fund of RSF Social Finance

Rotary Club of Santa Fe Foundation

St. Bede's Episcopal Church

Santa Fe Community Foundation Community Grants

Santa Fe Community Foundation – Envision Fund

Santa Fe Community Foundation – Piñon Award

Santa Fe Community Foundation –

Santa Fe Hestia Fund

Santa Fe Community Foundation Program

Donor Advised Funds

· Cabin Fund at the Santa Fe Community Foundation

· Celia Lipton Farris and Victor W. Farris Foundation

Fund at the Santa Fe Community Foundation

· Chamisa Fund at the Santa Fe

Community Foundation

· Edward John Noble Foundation for the

Jordan and David Smith Fund at the Santa Fe
Community Foundation

· Jack and Mary Gilliam Endowment Fund at the
Santa Fe Community Foundation

· Jordan and David Smith Fund at the Santa Fe
Community Foundation

· Wallen-Eloisa Family Fund at the Santa Fe
Community Foundation

Santa Fe County Community Services Department

Santa Fe Kiwanis Club Foundation

Steele Family Foundation

Still Point Foundation

Temple Beth Shalom

The Catholic Foundation

The Church of the Holy Faith

Thornburg Foundation

United Way of North Central New Mexico

Unity Santa Fe

Individual Donations

The Sky Center/New Mexico Suicide Intervention

Project expresses its gratitude to the generous

individual donors, led by our dedicated Board

of Directors, who support our efforts to provide

behavioral health programs to our community of

Santa Fe and Northern New Mexico.

Our growing list of Business and Corporate Sponsors*

Adverti-Zing!

Brad Gallegos – Cardinal Financial

Gruet Winery

Los Alamos National Laboratory

Employee Giving Campaign

Payne's Nurseries & Greenhouses, Inc.

Pinpoint Ventures, Inc. (dba Paper Tiger)

Positive Energy Solar

Santa Fe Association of REALTORS®

Santa Fe Mobile MD

Santa Fe New Mexican

Target Circle Community Giving Program

Thornburg Investment Management

*The Sky Center/New Mexico Suicide Intervention Project launched its inaugural Business and Corporate Sponsorship Campaign this spring. We are grateful for the initial response from the business community. This list represents the Business and Corporate Sponsors since April 2024. A full list is in formation and the acknowledgement list will be augmented on the website as the campaign continues.

While we endeavor to appropriately recognize all of our donors, please inform us if we have inadvertently omitted your name or listed it incorrectly.



BUSINESS AND CORPORATE SPONSORSHIPS

The Santa Fe Association of REALTORS®, Community Services Committee launched The Sky Center/New Mexico Suicide Intervention Project's first Business and Corporate Sponsorship Campaign with a strike!

The second annual Bowling for a Cause event organized by the Santa Fe Association of REALTORS® Community Services Committee under the direction of Chair, Deborah Bodelson was a sold-out success. Nearly 150 Members joined in the rollicking good time at The Alley Lanes & Lounge in Santa Fe on Wednesday April 10, 2024. Refreshments were provided by the SFAR A-Team – thank you all.

Since the kick-off, more than ninety businesses have been contacted for potential sponsorships, and graduated ladder of benefits has been established. At The Sky Center/New Mexico Suicide Intervention Project, we know that with your help, we can move toward a healthy community and a thriving workforce for the future. Please [visit our website](#) for detailed information – and join us!

SFAR Community Services Committee Members pictured at The Alley Lanes and Lounge in Santa Fe. L to R, Back: Ashley Hurtado, Stefanie Duran, Zach Hubby, Michaelann Huitfeldt, and Robyn Tyra. Front: Lynne Einleger, Rebecca Roybal, Committee Chair Deborah Bodelson, and Laura Decker.

“

We are grateful for the opportunity to give back to the community in which we live. Funds are raised directly by our fellow Realtors and through fundraising events such as Bowling for a Cause and our late summer Golfing Tournament. When suicide affected our Realtor community, we chose The Sky Center as the beneficiary of this year's Bowling for a Cause. All of the proceeds - 100% - go to the organization that we have selected. We were delighted to present a check in the amount of \$16,565.70 to Clinical Supervisor Carlotta Saiz and Grants and Development Director Janice Mayer representing The Sky Center/New Mexico Suicide Intervention Project.

”

— Deborah Bodelson
Chair, Community Services Committee





“ I was a founding board member of the New Mexico Suicide Intervention Project (NMSIP), and was honored to serve on the board for 28 years. Thirty years ago, Katherine Klassen, Ph.D. recognized the need to create prevention and intervention services to decrease risk behaviors related to suicide and increase the resiliency of youth in Northern New Mexico. NMSIP (The Sky Center) started in a janitor’s closet at St. Bede’s Episcopal Church in Santa Fe in 1994, moved to a Quonset hut at the College of Santa Fe, to DeVargas Middle School, and now offers cutting edge prevention, intervention, and free family counseling services from its beautiful facility located at Ortiz Middle School. The Sky Center also provides invaluable training for graduate practitioners, most of whom remain in New Mexico. Our youth and their families are even more vulnerable since the isolation and disruption of the pandemic and even more in need of The Sky Center. ”

— Karen Aubrey
Board Member Emérita

BOARD OF DIRECTORS AND STAFF

BOARD OF DIRECTORS

Edward (Ned) Walpin	<i>Chair</i>
Katie Dry	<i>Vice Chair</i>
Craig Blessing	<i>Treasurer</i>
Dr. Carol Gerards	
John Hackett	
Sean Han	
Miquela Korte (Leave of absence)	
Cameron Miranda (Leave of absence)	
Adam Rosen	
Karen Aubrey	<i>Emérita</i>

At The Sky Center/New Mexico Suicide Intervention Project, we endeavor to have a Board of Directors that represents the cultural, gender, sexual orientation, and economic diversity of the Santa Fe community.

ADMINISTRATIVE STAFF AND CLINICAL SUPERVISORS

Apryl Miller, LCSW	<i>Founding and Executive Director</i>
Marisol Peña, LMSW	<i>Associate Director/Staff Therapist</i>
Janice L. Mayer MPA, CFRE	<i>Grants and Development Director</i>
Annai Burrola, LCSW, IMH-E®	<i>Clinical Program Director</i>
Robert (Bob) Kristy, MA, LCSW	<i>Adolescent HUGS Coordinator and Clinical Supervisor</i>
Leah O'Shell, MC	<i>Postvention Team & Gatekeeper Training Coordinator</i>
Tahoma Wrubleski, MA (in progress)	<i>Natural Helpers & Group Coordinator</i>
Dennis Blumgarner, LCSW, ACSW	<i>Clinical Supervisor</i>
Claire Pfister, LCSW	<i>Clinical Supervisor</i>
Carlotta Saiz, LPCC	<i>Clinical Supervisor & Community Trainer</i>
Kevin Kluck, LCSW	<i>Sub Clinical Supervisor & Community Trainer</i>
Farah Sultan, LMSW, SEP	<i>Cultivating Connections Facilitator</i>
Maria DeBlassie, MC (in progress)	<i>Office Manager</i>
Paloma Sandoval, BA (in progress)	<i>Office Assistant</i>

INTERPRETERS

Lina Chavez de Lara
Maria DeBlassie
Marc A. Forlenza
Paloma Sandoval

PHOTO CAPTIONS AND CREDITS

Cover Image: The Gratitude Forest in the lobby of The Sky Center. Youth design leaves expressing what they are thankful for in their own lives.

Page 4: Robert (Bob) Kristy, HUGGS Coordinator and Clinical Supervisor pictured at his computer under the watchful eyes of his Bob Marley poster.

Page 5: Imagine image from Strawberry Fields in NYC's Central Park inspires family counseling clients in Bob Kristy's office.

Page 6: Adobe stock image by Marcos of a multi-generational matriarchal Hispanic family. (Due to the confidential nature of family counseling, we are not able to use an actual image of Grandma M.'s family.)

Page 7: Child-friendly waiting room at The Sky Center.

Page 8: Associate Director Marisol Peña presents the Toolkit for Wellbeing at a Gatekeeper Training/Suicide Awareness Workshop. Photo: The Sky Center archive

Page 11: Adobe Stock Image by Kaiserseeing depicting youth safety, resiliency, social connection, and exploration of nature – all aspects of wellbeing.

Page 12: Natural Helpers participants during an exercise at a semi-annual Camp Stoney retreat. Photo courtesy of Natural Helpers Coordinator, Ortiz Middle School

Page 13: Associate Director Marisol Peña reviews programming results with Tahoma Wrubleski, Natural Helpers and Group Coordinator.

Page 14: New Mexico School for the Arts created artwork with encouraging messages for schoolmates as a community engagement project. Photo courtesy of Natural Helpers Coordinator, New Mexico School for the Arts

Page 15: Nina Otero Community School Natural Helpers share their community art project with seniors. Photo courtesy of Natural Helpers Coordinator, Nina Otero community School.

Page 16: An artful locker tribute to a classmate who died by suicide. Photo courtesy of the Natural Helpers School Coordinator at the impacted school.

Page 17: Basket of hearts created by teachers following a school crisis. Photo courtesy of the school faculty

Page 18: Executive Director Apryl Miller presents as part of the Graduate and Advanced Studies Orientation. Photo: The Sky Center archive

Page 20: Clinical Supervisor Dennis Blumgarner meets with 2023-2024 Graduate and Advanced Studies Trainees Michelle Cutrer, Nirinjan Khalsa, and Shelley Goodell.

Page 22: Our dynamic duo in the front office Maria DeBlassie Office Manager and Spanish Interpreter (seated) and Paloma Sandoval Office Assistant and Spanish Interpreter (standing). Both are trained CONNECT Navigators.

Page 23: Quilt wall-hanging at The Sky Center exemplifies connectivity.

Page 24: Hand collage wall-hanging at The Sky Center encourages everyone "to grow with each other."

Page 28: SFAR Community Services Committee Members pictured at The Alley Lanes and Lounge in Santa Fe. L to R, Back: Ashley Hurtado, Stefanie Duran, Zach Hubby, Michaelann Huitfeldt, and Robyn Tyra. Front: Lynne Einleger, Rebecca Roybal, Committee Chair Deborah Bodelson, and Laura Decker. Photo courtesy of The Santa Fe Association of REALTORS®

Page 30: Executive Director Apryl Miller meets with Clinical Program Director Annai Burrola

All Photos: Zina Jundi, Adverti-Zing! Unless otherwise noted.



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