



Free Family Counseling for youth and their families. No cost / Terapias Familiares gratuitas para jóvenes y sus familias.  
Ortiz Middle School Campus 4164 S Meadows Rd SF, NM - (505) 473-6191 skycenter.nmsip.org

## Mental & Behavioral Health Services

**CHILD COUNSELING CENTER & PLAY THERAPY INST. OF NM**  
1400 MACLOVIA ST SUITE 1, SF, NM (505) 772-0459  
[childcounselingcenterofnm.com](http://childcounselingcenterofnm.com) Trauma and practice informed mental health services for children & families offers play therapy, & parent support.

**GERARD'S HOUSE, 3204 MERCANTILE CT. SF, NM (505) 982-4425.** [gerardshouse.org](http://gerardshouse.org) Grief & loss issues for adults, children & teenagers. Group & individual counseling. No cost.  
\*\*Servicios en Español disponibles

**GROWING UP NM, 3164 Agua Fria, SF NM (505)819-0137**  
[growingupnm.org](http://growingupnm.org)(Previously United Way of Santa Fe County) supports families and caregivers in Santa Fe County who are expecting a baby, or who have a child under 5.  
\*\*Servicios en Español disponibles

**MANY MOTHERS, 1919 5TH ST SF, NM (505) 471-5006**  
[manymothers.org](http://manymothers.org) Provides physical, emotional & practical support to any family following the birth or adoption of a new baby.

**MESA VISTA WELLNESS OF NM, 4001 OFFICE CT.DR. SUITE 102 SF, NM (505) 983-8225.** [mesavistawellness.com](http://mesavistawellness.com) Compassionate clinical services to support emotional, spiritual, & behavioral wellbeing: outpatient, intensive outpatient & group therapy services  
\*\*Servicios en Español disponibles

**NORTHERN NM DBT 411 ST MICHAELS DR. SUITE #2 SF, NM (505)820-2236** Dialectical behavioral therapy  
[northernnewmexicodbdt.com](http://northernnewmexicodbdt.com)  
Abby Braun: maladetete@aol.com (505) 820-2236  
Nomi Green: nomigreen@msn.com (505) 577-2959  
Kathleen Benecke: klbenecke@cybermesa.com(505)6605209

**PASTORAL COUNSELING CENTER, 2019 GALISTEO ST, SUITE M-1 SF, NM (505) 988-4131** [ppcasantafe.org](http://ppcasantafe.org)  
Individual, couples & family counseling. Insurance & sliding fee. \*\*Servicios en Español disponibles

**PMS-SANTA FE COMMUNITY GUIDANCE CENTER, 2960 RODEO PARK DRIVE W. SF, NM- (505) 986-9633** [pmsnm.org](http://pmsnm.org)  
Individual, group & family counseling. Medications. Sliding fee. \*\*Servicios en Español disponibles

**SANTA FE DIALECTICAL BEHAVIORAL THERAPY, 411 ST, MICHAELS DR #2, SF, NM, - (505) 983-8502** [santafedbt.com](http://santafedbt.com)  
Dialectical behavioral therapy- SF DBT accepts many insurances including most PHP & BCBS plans. If you pay out of pocket, the cost is approximately \$250 per week.

**SANTA FE MOUNTAIN CENTER, 1160 PARKWAY DR (505) 473-2743 OR 1524 BISHOPS LODGE RD SF, NM (505)983-6158.** [themountaincenter.org](http://themountaincenter.org)  
Various prevention programs that includes ropes courses, support for at risk youth and LGBTQ youth, anti-bullying programs. Native youth programs & healthy Transition Therapy. \*\*Servicios en Español disponibles

**SOLACE CRISIS TREATMENT CENTER, 6601 Valentine Way SF, NM (505) 988-1951** [findsolace.org](http://findsolace.org)  
Provides support and guidance to individuals, children and families who are or have experienced or witnessed violent crimes, including sexual assault and domestic violence.  
\*\*Servicios en Español disponibles

**SERNA SOLUTIONS 4001 OFFICE CT DR. SUITE 701 (505) 207-8929.** [sernasolutionsllc.com](http://sernasolutionsllc.com) Provides clinical counseling services to individuals, couples & families with a variety of challenges. As well of online coaching & counseling.

**SOUTHWEST FAMILY GUIDANCE CENTER & INSTITUTE, 4001 OFFICE COURT DR. SUITE 603, SF, NM- (505) 310-4764** [swfamily.com](http://swfamily.com) Individual therapy for children, adolescents & adults, family therapy crisis stabilization services & substance abuse assessment & treatment. Medicaid. \*\*Servicios en Español disponibles

**LAS CUMBRES, 1911 5<sup>TH</sup> ST. SUITE 100 SF, NM (505)955-0410** [lascumbres-nm.org](http://lascumbres-nm.org)  
Las Cumbres in Santa Fe services are to support family infant toddler & early intervention services that include development, counseling & services for pregnant women.

**SANTA FE SAGE COUNSELING CENTER, 1223E S. ST FRANCIS DR. SF, NM (505) 982-8098**  
[sfsagecounseling.com](http://sfsagecounseling.com) Provides individual, couples, parenting, child & adolescent, grief & loss & substance abuse training. Also provide trauma therapy. Accept most insurance & sliding fees.

**TEAM BUILDERS COUNSELING SERVICES, 2504 CAMINO ESTRADA SF,NM (505) 471-5006** Provides mental health & substance use disorder treatment services for children, adolescents, youth & their family members.

**Tierra Nueva Counseling Center of Southwestern College, 3952 SAN FELIPE RD (505)471-8575** [swc.edu](http://swc.edu)  
Counseling for individuals, couples, families & groups, Art Therapy also deal with grief, loss, & trauma issues. Sliding free scale. \*\*Servicios en Español disponibles

## Local & National Hotlines

### New Mexico Crisis Hotlines:

- Crisis Response Hotline- Santa Fe (505) 820-6333
- Agora Crisis Center 1-866-HELP-1-NM

### National Crisis Hotlines:

- National Suicide Prevention Lifeline: 1-800-273-8255
- National Spanish-Service Suicide Hotline: 1-800-784-2432
- 24- hour Crisis Line 1-800-721-7273
- Texting Hotline: 741741 (TEXT-START)
- Trevor Lifeline 1 - 866 - 488 -7386 - Suicide prevention efforts among lesbian, gay, bisexual transgender & questioning youth



## Health Care Services

**LA FAMILIA MEDICAL CENTER, 1035 ALTO ST. (505) 982-4425, SOUTHSIDE 2145 CAJA DEL ORO (505) 438-3195 [lafamiliasf.org](http://lafamiliasf.org)**

Medical, dental, health education. Sliding fee. (Must be an established patient referred by a La Familia physician; initial appointment may take up to 2 months)

\*\*Servicios en Español disponibles

**SOUTHWEST CARE; WOMEN'S HEALTH SERVICES, 901 WEST ALAMEDA ST. SF, NM, (505)988-8869**

**[southwestcare.org/locations/womens-health-services/](http://southwestcare.org/locations/womens-health-services/)**

Primary and gynecological care, counseling for women, men & children. Insurance/Medicaid/Medicare/Sliding scale fee. \*\*Servicios en Español disponibles

**TEEN HEALTH CENTER AT SANTA FE HIGH SCHOOL, 2100 YUCCA (505) 467-2439.** Primary care & counseling services for school age individuals & families.

**TEEN HEALTH CENTER AT CAPITAL HIGH SCHOOL, 4851 PASEO DEL SOL (505) 467-1081.**

Teen health issues, counseling, teen parenting issues, family counseling. Summer hours offered.

\*\*Servicios en Español disponibles

**WOMEN'S HEALTH SERVICES 901 W. ALAMEDA ST. SUITE 25 (505) 988-8869**

Offering primary care, gynecology & therapy crisis stabilization services & substance abuse assessment & treatment. Medicaid. \*\*Servicios en Español disponibles

## Immigration Services

**SOMOS UN PUEBLO UNIDO, 1804 ESPINACITAS SF, NM (505) 424-7832. [somosunpueblounido.org](http://somosunpueblounido.org)**

Offers community education about rights & remedies; forges leadership opportunities for immigrants & low-wage workers; provides limited legal services to groups of wage. theft victims: & organizes grassroots policy campaigns to strengthen our communities.

\*\*Servicios en Español disponibles

**SANTA FE DREAMERS PROJECT 1213 MERCANTILE RD SF, NM (505)490-2789. [santafedreamersproject.org](http://santafedreamersproject.org)**

Provides free legal services to immigrants to promote economic empowerment, community development, family unity, & liberation from detention.

\*\*Servicios en Español disponibles

## Housing & Shelter

**YOUTH SHELTERS, 5686 AGUA FRÍA – (505) 438-0502 [youthshelters.org](http://youthshelters.org)**

Counseling & shelter for individuals & families.

\*\*Servicios en Español disponibles

**SANTA FE SHELTERS**

- Emergency Shelter (11-17 yrs) (505) 438-0502
- Transitional living program 4435 Airport Rd. (18-21 yrs) (505) 955-1684
- Street Outreach, 402 S. St Francis Dr. (505) 988-2652 No cost.

**ST. ELIZABETH SHELTER & SUPPORTIVE HOUSING, 804 ALARID ST SF, NM (505) 982-6611. [steshelter.org](http://steshelter.org)**

Assist homeless individuals & families by providing emergency shelter, food, case management, counseling, supportive housing and referrals to partnering human service agencies.

• **Men's Emergency Shelter 804 Alarid St** - Provides shelter and case management for homeless adult men (18+)

• **Casa Familia, 1604 BERRY AVE SF, NM (505)983-2042** Provides shelter & case management for single women (18+), children with parent(s), & families.

**INTERFAIGHT COMMUNITY SHELTER AT PETE'S PLACE, 2801 CERRILLOS RD. (505)7957494. [interfaithsheltersf.org](http://interfaithsheltersf.org)**

Offers hope & a safe place for anyone who is homeless or vulnerable as they overcome adversity

**ESPANOLA PATHWAYS SHELTER, 628 N RIVERSIDE DR. ESPANOLA, NM (505)753-4453**

**[espanolapathwaysshelter.org](http://espanolapathwaysshelter.org)**

provide homeless men & women access to viable pathways towards a more productive life.

## Substance Abuse

**ALCOHOLICS ANONYMOUS, 505 CAMINO DE LOS MARQUEZ SF, NM (505) 982-8932. [santafeaa.org](http://santafeaa.org)**

Support groups for people w/ family histories of alcoholism & codependency.

**AYUDANTES INC 1316 APACHE AVE. SF, NM (505) 438-0035**

Providing substance abuse treatment with outpatient care. Men & criminal justice clients are supported for drug treatment, Medicaid, Medicare state financed payment, private health insurance, self-payment, & access to recovery voucher is accepted. \*Servicios en Español

**CHRISTUS ST.VINCENT CARE CONNECTION & SOBERING CENTER, 2052 GALISTEO ST. #C SF,NM (505)913-4330**

Alcohol & drug assessments by referral only. Free.

\*\*Servicios en Español disponibles

**THE FRIENDSHIP CLUB 1316 APACHE AVENUE SF, NM (505) 982-9040. [friendshipclubsantafe.org](http://friendshipclubsantafe.org)**

Support for people who seek physical, mental & spiritual recovery. AA, A1-anon, OA, GA, NA meetings.

**LIFE LINK 2325 CERILLOS RD SF, NM (505) 438-0010 [thelifelink.org](http://thelifelink.org)**

Life Link is a NM Licensed Community Mental Health Center, offer up to date mental health and substance abuse treatments. Outpatient treatment.

**SANTA FE COMMUNITY RESOURCES, 2801 CERILLOS RD SF, NM (505) 310-3624**

**[santafenm.gov/communityservices](http://santafenm.gov/communityservices)**

Help for individuals experiencing drug addiction through Acudetox, counseling.

**SANTA FE RECOVERY CENTER, 5312 JAGUAR DR. SF NM (505) 471-4985 [sfrecovery.org](http://sfrecovery.org)**

Providing drug & alcohol treatment to men/women 18+. Offer 30-day residential treatment program & intensive outpatient care. Accept insurance.

\*\*Servicios en Español disponibles